



ONE2ANOTHER

YOUTH SKILLS TRAINING SPRING 2026

Starting Mar/Apr 2026

MONDAY

**MIND & MOOD MASTERS (m&m):
MANAGING ANGER DIFFERENTLY**

Starts 3/30/2026
Ages 13-18 years
4:00pm-5:30pm

WEDNESDAY

**MIND & MOOD MASTERS (m&m):
SOCIAL SKILLS**

Starts 4/1/2026
Ages 10-13 years
3:45pm-5:00pm

TUESDAY

**MIND & MOOD MASTERS (m&m):
SOCIAL SKILLS**

Starts 4/7/2026
Ages 4-5 years
3:00pm-3:45pm

TUESDAY

**MIND & MOOD MASTERS (m&m):
SOCIAL SKILLS**

Starts 4/7/2026
Ages 6-7 years
4:15pm-5:00pm

TUESDAY

**MIND & MOOD MASTERS (m&m):
SOCIAL SKILLS**

Starts 4/7/2026
Ages 8-10 years
5:30pm-6:30pm

To register a child/youth or for more information, please contact One2Another:



office@o2aprograms.com



541-570-0284



one2another.net/register

