

# Hearing Voices

**Wednesdays - Via Zoom**

**Thursdays In-Person**

**11am - 12pm**

**One2Another Office**

**1113 Hill St SE Suite K Albany**

**Call One2Another Office If Interested**

**(541) 570-0284**

**Free**

**Peer - Led**

**Hearing Voices Support Group is a peer-led, non-clinical group that offer a supportive environment to understand and cope with experiences of hearing voices, having visions, or other unusual sensory experiences.**

**This is A Group Led By Linn County Mental Health & Supported By One2Another**

